

TOWN OF MIDDLEBURY
Department of Elderly & Social Services
Shepardson Community Center
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JoAnn Cappelletti, Director

MEETING MINUTES
TUESDAY, October 21, 2014
9:30 A.M. Shepardson Community Center

MEMBERS PRESENT:

Chairman, Judy Mirrer, JoAnn Cappelletti, Nancy Mastroianni, Ann Spierto, Gerry Perrella

MEMBERS ABSENT: Barbara Deriu, Ann Spierto, Noa Miller

Meeting called to order at 9:37 AM, Shepardson Community Building, by Chairman Judy Mirrer.

October Meeting Agenda distributed to Committee members by Chairperson.

Minutes of the September 2014 meeting were read and, reviewed. Motion to accept minutes was made by Nancy Mastroianni and seconded by Gerry Perrella.

Treasurer' Report: No expenses reported for the Month of September. Balance of \$500.

REPORTS FOR ELDEDRLY SERVICES AND SOCIAL SERVICES.

ELDERLY SERVICES

Director Cappelletti distributed reports for the months of July, August and September. A discussion followed with explanations for activities regarding increases and decreases.

Transportation Program:

The Transportation program is going well. There has been an increase in rides for September. July & August showed a decrease in rides, but more senior bus trips were offered.

The same report applied to the Greater Waterbury Transit District Program. July and August rides were down, but showed an increase in September rides.

Three senior bus trip were offered in October, Painted Pony, Christmas Tree Shop & Stew Leonards.

Community Garden

We received a grant from the Thomaston Savings Bank to complete the fence around the Community Garden. We will also be looking into getting a small storage shed to keep the garden tools in. Volunteers are already committing to next year's garden.

All donations to the Senior Community Garden will be used to start up the Garden next year.

Brass City Foods continues with the cooking and nutrition classes on Mondays.

The Farmers Market Program will end in Middlebury on Thursday, October 30. The indoor market did quite well and we look forward to having them return next year.

The regular Elderly Nutrition Program continues on Tuesday and Thursday. The Tuesday program shows good participation. The Thursday Program lacks participation. Meals are offered on Wednesday and the meal is prepared by local volunteers

A group of 16 Seniors from the new Waterbury Senior Center visited Middlebury Senior Center for lunch on Thursday 9/4.

The Elderly Nutrition Program Nutritionist spoke at the Senior Center on September 23. Her topic was importance of vegetables.

Renter Rebate will end September 15. Extensions will be accepted with a Drs. Note stating that the participant was unable to apply due to an illness. Applications must be completed through the Senior Center Office and forwarded to Policy and Management for approval.

Middlebury Social Services will be accepting applications for Energy Assistance on October 1. The current computer program, Captain, will be upgraded to a new version. Director Cappelletti attended a training for the new program.

Medicare open enrollment will begin October 15 through December 7.

Guest Speaker John Casolo spoke at the Senior Center on September 24. John is 82, lives alone, and has been totally blind since 1984. He spoke about his life experiences as a blind person.

SOCIAL SERVICE/MUNICIPAL AGENT REPORT

The Department of Social Service will be accepting applications for the Operation Fuel winter program starting December 1. This program is for utility bills and fuel.

Middlebury Social Services will be accepting applications for the Ct Energy Assistance Program on October 1. The current computer program, Captain, will be upgraded to a new version. Director Cappelletti attended a training session for the new program at NOW Inc.

Flu Shots available October 6 at Shepardson Community Building. Program is available for all persons in need of a flu shot.

MIDDLEBURY FOOD BANK

Middlebury residents and organizations continue to support the Food Bank. There is still an increase in the number of families and individuals using the Food Bank.

Director Cappelletti attended the Middlebury Boy Scout Pack meeting to explain the importance of the Food Bank to the troop.

Easter Seal Services and Middlebury Social Services are participating in a Work Program. Presently one student and a coach participate on Wednesday & Thursday at the Senior Center.

Correspondence: Meeting Agenda for 2015 approved and vote

Old Business: none

New Business: none

The next Commission on Aging meeting will be held on November 18, @9:30 a.m. in the Shepardson Community Senior Center.

Adjournment:

Motion to adjourn was made Nancy Mastrianni and seconded by Gerry Perrella.

Submitted by:
JoAnn Cappelletti