

# MIDDLEBURY PARKS & RECREATION SPRING/SUMMER PROGRAM BROCHURE

**PROGRAM REGISTRATION BEGINS APRIL 10, 2017**



**OUR PROGRAMS CAN BE MADE ACCESSIBLE TO ALL**

Middlebury Parks and Recreation  
1172 Whittemore Road  
Middlebury, CT 06762  
(203) 758-2520  
Fax: (203) 577-4172  
[www.middlebury-ct.org](http://www.middlebury-ct.org)  
Office Hours: 8:00 a.m. – 4:00 p.m.

Betty Proulx, APRP  
Parks & Recreation Director  
[bproulx@middlebury-ct.org](mailto:bproulx@middlebury-ct.org)  
Recreation Staff  
Secretary: Tracy Graziano  
[tgraziano@middlebury-ct.org](mailto:tgraziano@middlebury-ct.org)  
Evening Supervisors: Chip Fitzgerald, Joe Mastroianni  
Park Attendants: Frank Catuccio and Cheri Guertin

## **Parks and Recreation Commission**

Ron Clark, Chairman, Joan Reed, Kelly Perrotti,  
Ray Kasidas, Jack Worgan

The Parks and Recreation Commission convene  
the 2<sup>nd</sup> Thursday of the month in Room One of  
Shepardson Community Center at 7:00 p.m. The  
Public is welcome.



## **INSTRUCTORS WANTED**

The Middlebury Parks & Recreation  
Department is looking for qualified and  
innovative instructors to do preschool, youth,  
and adult programs. If you have a unique talent or skill, or an idea  
for a class, please contact Betty Proulx at 203.758.2520,  
extension 701.

Middlebury Parks & Recreation is now on  
**FACEBOOK!!!**

Be sure to visit  
& "LIKE" us to  
receive  
important



us

notifications, program updates and cancellations  
right on your mobile device!

If you would like  
important  
updates and  
your cell phone  
Proulx at



to receive text blasts of  
program information,  
cancellations, please email  
number and carrier to Betty  
[bproulx@middlebury-ct.org](mailto:bproulx@middlebury-ct.org).

## **Online Registration**

Register online at [www.middlebury-ct.org](http://www.middlebury-ct.org).  
form of Discover Card, MasterCard/Visa  
registered for a Parks & Recreation  
203-758-2520, X702 and request your  
Recreation programs can create a  
have registration deadlines. Please



Our online registration accepts payments in the  
credit and debit cards. If you have previously  
program in the office, please contact our office at  
household ID#. Households new to Parks &  
household account on the website. All programs  
register early to prevent program cancellations.

## **In-Office Registration**

Program registration forms are available at the Recreation office. In-office payments are accepted in the form of cash,  
check, Discover Card, MasterCard/Visa credit and debit cards.

**All registrations must be received in the Recreation office BEFORE registration deadline.** The Recreation  
Department reserves the right to cancel any program due to lack of participation. Please register early.

## REFUND POLICY

All refunds must be requested prior to the **Wednesday** before the program begins. There are no refunds once a program begins, except for medical reasons. A doctor's note may be required. All refunds are subject to a \$10.00 administrative surcharge unless otherwise stated.

Important  
Message



## PHOTOGRAPHS

Participants may be photographed for the purpose of promotion or advertising in future brochures, in newspapers or in other Middlebury Parks & Recreation Department media.

# *Our Policies*

**Participant Equal Access** – No participant shall be denied equal access to programs, activities, services or benefits, or be limited in the exercise of any right, privilege, advantage, or opportunity based on race, sex, creed, national origin or disability.

**Behavior** – Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make recreation department programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff.

**Participants Shall** – Show volunteers and staff \* derogatory remarks \* participants, volunteers and supplies and facilities.



courtesy and respect to other participants, Refrain from using foul language and/or Refrain from causing bodily harm to other staff \* Show respect for equipment,

**Discipline** – A positive Parks and Recreation Department situation will be evaluated on its own merit.

approach will be employed. The Middlebury reserves the right to dismiss a participant. Each

**Dog Owners** – State Statute 22-364 states that dogs must be under the direct control of their owners at all times when using town parks or the Greenway. When enjoying the town parks and Greenway with your dog(s), please be considerate and use the pooper scoopers and receptacles placed for your convenience. They are available at Chase Road and across from the M.R.A. Dogs are not allowed at the M.R.A.

# **Middlebury Parks & Recreation Spring Summer 2017 Programs**

## UPCOMING EVENTS

### **Middlebury Republican Town Committee's Italian Night Buffet Fundraiser**

Date: Thursday, April 20th Time: 4:30-7:30 pm

Location: Shepardson Community Center

Advanced Tickets: Adults/Seniors \$12, Children 5-12 \$6, under 5 free, Family of 5 \$50

Tickets at the Door \$12

Includes choice of 5 entrees, salad, dessert & beverages

Proceeds to benefit our community activities

### **Easter Egg Hunt**

Date: Saturday, April 15 (Rain date April 22)

Time: 1:00 p.m.

Location: Shepardson Community Center Field

For Middlebury children ages 3 -10.

Sponsored by Middlebury Police Social Club and Parks & Recreation

### **Earth Day Greenway & Park Clean-up**

Date: Saturday, April 22

Time: 10:00a.m.

Location: Meet at Meadowview Park Pavilion

For more info contact: Dana Dowling 203.627.9580

Join your friends to help keep Middlebury clean!

Sponsored by Middlebury Parks & Recreation and Better Homes & Garden Real Estate; Bannon & Hebert

### **MVFD ANNUAL BALL**

Date: Saturday, May 6

Time 6:00 – 12:00p.m.

Courtyard Marriott, Waterbury

Hors' Devours & Cocktail hour begins at 6:00

Full Course meal & Premium Open Bar

Live entertainment by Timmy Maia

Cost: \$125 per couple

Contact Chief Bruno for more info @203.589.0715 or 203.577.4036

[abruno@middlebury-ct.org](mailto:abruno@middlebury-ct.org)

### **2017 DANCE RECITALS**

Miss Linda Rice, Instructor

Date: Sunday, May 21st

Time: TBA

Location: Shepardson Community Center Auditorium

### **Memorial Day Parade**

Date: Sunday, May 28

Time: 5:00 p.m.

Annual event featuring Middlebury Veterans, marching bands, Town Organizations, sports clubs, scouts and local businesses. A Ceremony will be conducted in front of Town Hall immediately following the parade. Contact the Recreation office at 203.758.2520, X701 if you wish to participate or for parade route info.

### **Veterans Reception**

Date: Sunday, May 28

Time: 4:00 p.m.

Location: Corner of Bronson Drive and Whittemore Road

All veterans are welcome to attend.

### **Veterans' Memorial Service sponsored by the Middlebury Lions Club**

Date: Sunday, May 28

Time: 12:00 p.m.

Location: Middlebury Cemetery, Rte. 64, behind Middlebury Garage

A Memorial Service honoring war veterans. All residents welcome.

### **Middlebury Day at Quassy Amusement Park – NOW IN AUGUST!!!**

Date: Friday, August 25

Time: 5:00 – 9:30 p.m.

Details: FREE rides for Middlebury residents with **PROPER PHOTO IDENTIFICATION**.

Free ride passes will be distributed at the gate and Town organizations will be selling refreshments in the pavilion from 5:00 – 8:00pm. All proceeds benefit the many community activities they support.

Free ride passes are valid until 9:30pm. **There is a \$6 parking fee per car.**

### **BSA Middlebury Pack 6 Cub Scout Day**

Boys entering grades Kindergarten through 5<sup>th</sup> this fall and their families are invited to join Middlebury's Pack 6 for their Summer Kick-off Picnic at the MRA. Enjoy rain gutter boat races, sack races, water balloons & more! For more info visit our website at [www.middleburypack6.com](http://www.middleburypack6.com) or call Corrina @203.758.8355

Date: Saturday, June 10th Time: 2:00–5:00 pm

Location: MRA Picnic Grove

### **Firearms' Safety Courses**

Instructor: Officer Otis Baskins, owner/operator, Chamber Ready, LLC provides Connecticut Pistol Permit and Utah Conceal Carry Permit courses on Saturday mornings, dates TBD

Fees: CT \$109.99, UT \$79.99

For more info please visit [ChamberReady.com](http://ChamberReady.com) or Facebook @Chamber Ready LLC Email Officer Baskins @ChamberReadyLLC@yahoo.com

## MIDDLEBURY RECREATION AREA

### Hours of Operation

Pre-Season: Open weekends beginning Saturday, May 27

**SWIMMING PERMITTED ONLY WHEN LIFEGUARD ON DUTY**

Season: Opens June 12 and runs through Labor Day.

Weekdays open 11:00 a.m. to sunset. Beach will open for swimming at 12 noon.

Weekends open 10:00 a.m. to sunset. Beach will open for swimming at 11:00 a.m.

Rain Policy: Area closed if raining at 12:00 p.m.

### MRA Beach Passes – On Sale Monday, April 3

Details: Residents and property owners must provide copy of car registration and proof of residency or real estate. Photo ID required.

Fees:      \$145      Family Pass  
              \$35      Senior  
              \$80      Single Pass  
              \$10      **per additional sticker for family, single and firemen pass holders**  
              \$10      Fireman

Seniors 65 and older are eligible to receive **ONE** pass for a fee of \$35, **ONE** Senior pass per household. Only household residents age 65 and older are eligible to use this pass.

**An extra car sticker for seniors is subject to the \$145 family pass fee.**

### Boat Rack Lottery

Details: Entry forms are available online and in the Parks & Recreation office. Racks can accommodate sunfish, sailfish, wind surfers, kayaks and canoes. Please note there are no longer any row boat slips available. **Limit one rack per family.** Boat Rack Lottery Requests must be received in the Parks & Recreation office no later than Friday, April 21st. The lottery will be held on Wednesday, April 26th. Boat Racks must be paid for by Wednesday, May 10th. Racks not paid by this date will be offered to the next person on the waitlist. Residents must have valid MRA pass before renting boat rack.

Storage Fees:      \$60 per rack/\$50 no rack

### Wooden Storage Lockers

Details: Limited number of lockers available to pass holders on first come, first serve basis. Limit one locker per family.

Fee:                \$50 for season

## MRA Special Events

### Memorial Day Weekend

Dates & Times:

Saturday, May 27 & Sunday, May 28                      10:00 a.m. to 8:00 p.m.

Monday, May 29    9:00 a.m. to 8:00 p.m.

### M.R.A. July 4<sup>th</sup> Celebration

Date:              Tuesday, July 4<sup>th</sup>

Time:             Open 9:00 a.m. to 11:00 p.m.

Details: Residents and pass holders having family celebrations are limited to 15 nonresident guests per pass holder. All large picnics must register in the Recreation office prior to July 4<sup>th</sup>. Early table saving is limited to one table per group. Fireworks display is scheduled for 10:15 p.m. Only Middlebury residents will be allowed into the M.R.A. after 8:00 p.m. providing parking is still available. There will be a \$5.00 per car charge for residents without a M.R.A. membership.

## ADULT PROGRAMS

### Paint Night with Arts by LR (320102-01)

Instructor: Linda Richardson

Ages: 14 & up

Dates: Thursdays Apr. 20, May 4 & 18, June 8

Time: 6:00 - 8:00 p.m.

Fee: \$85 res / \$90 nonres for 4 weeks

Location: Shepardson Center, Room 27

Join us for four fun evenings of painting! Complete an 11x14 acrylic canvas masterpiece in just two hours guided by your Arts by LR instructor. Featured season-themed images; April 20 – Sunset on Water, May 4 – Light House Love, May 18 – Night by the Bonfire, June 8 – Summer Loving

### \*\*\*NEW\*\*\*Gentle Yoga (321304-YO)

“Moving the Body, calming the mind, finding the stillness within”

Instructor: Doreen Darsh

Ages: Teen to Adult

Dates: Thursdays, May 11 – June 15

Time: 6:30–7:30 pm

Fees: \$40 res/\$45 nonres for 6 weeks

Location: Shepardson Center, Rm. 28

A gentle yoga class for all levels, with guided postures, asanas, and breath work ending with meditation and final relaxation, svanasana. Please wear comfortable clothing that fits close to the body; no shoes or socks. Please bring a yoga mat, small cushion to sit on, and a blanket or throw to cover yourself during relaxation.

### \*\*\*NEW\*\*\*Summer Outdoor Walk & Tone Workout! (421301-BC)

Instructor: Jill Patterson, RDN

Ages: 18 & up

Dates: Tues., June 20, 27, July 11, 18, Aug. 8, 15

Time: 6:30 - 7:20 p.m.

Fee: \$70 res / \$75 nonres for 6 weeks

Location: Meadowview Park

Grab your sneakers and a water bottle for this fun outdoor class! This class will include a combination of walking, interval training (optional), toning exercises utilizing the body's own resistance, ab (without getting on the ground!) and core work and stretching. All levels of fitness are welcome, as low-impact/low intensity and high impact/high intensity options will be available. This course will keep you toned through the summer, increase your metabolism by increasing muscle cells, get outdoors and enjoy the summer weather, and have fun with others!

### Heartsaver First Aid & CPR Classes

Instructor: Terry Schmidt

Ages: 12 & up

Time: 6:30 – 9:30 p.m.

Location: Shepardson Center

Fee: \$60 res / \$70 nonres per class

### Adult CPR/AED

Thurs., April 27

### Infant/Child CPR

Tues., May 2

### Heartsaver First Aid

Thurs., May 4

312207-FA

312207-F1

312207-F2



**SPYNE Pilates Studio**

1255 Middlebury Rd., Unit 2-3

Ages: 18 & up

Fees: \$65 res / \$75 nonres for 5 weeks \*NOTE - Rates quoted are for new clients only.

Pilates Mat – Two Choices – Tuesdays OR Wednesdays

Day: Tuesdays (321309-P1)

Day: Wednesdays (321309-P3)

Dates: April 18 – May 16

Dates: April 19 – May 17

Time: 9:30 - 10:25 a.m.

Time: 6:00 – 6:55 pm

A group class focusing on core strength and stability while toning your muscles and increasing overall flexibility. Individuals have the option to intensify each workout by using accessories e.g. flex-band, fitness circle and toning balls & weights.

Total Barre (321309-AP)

Day: Thursdays

Dates: April 20 – May 18

Time: 9:00 - 9:55 a.m.

Designed to sculpt lean, toned muscles while challenging your body, Total Barre effectively blends Pilates with dance, cardio and strength training specifically targeting arms, legs and core. No dance experience required!

Strength and Tone Intermediate (321309-P2)

Day: Fridays

Dates: April 21 – May 19

Time: 9:30 - 10:25 a.m.

This is an intermediate class which uses weights to strengthen and tone the muscles in the body. Strength training increases bone density, builds a stronger heart, reduces your resting blood pressure, improves blood flow, halts muscle loss, helps control blood sugar, improves cholesterol levels, and improves your balance and coordination.

## April Vacation Activities

### Heartsaver Pediatric First Aid/CPR /Babysitting Safety (212207-F3)

Instructor: Terri Schmidt

Age: 12 yrs & up

Day: Tuesday, April 11

Time: 9:00 a.m. - 2:00 p.m.

Fee: \$70res/\$80 nonres

Location: Shepardson Center

This course teaches child-care providers critical skills and knowledge needed to respond to and manage illnesses and injuries in a child or infant. Includes CPR certification.

### Open Swim

Location: PHS Pool

Date: Wed., April 12

Time: 1:00 – 3:00 p.m.

No prior registration necessary

### Paint Day with Arts by LR (310102-01)

Instructor: Linda Richardson

Date: Thursday, April 13

Ages: 8-12 years old

Time: 1:00 - 3:00 p.m.

Fee: \$20 res / \$25

Location: Shepardson Center, Room 27

Have fun with your friends create your own "Friendly Frog" painting to hand in your room! Complete an 11x14 acrylic canvas masterpiece in just two hours! Your Arts by LR instructor will guide you step by step.

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### Laser Tag & Mini Golf at LASER PLANET

2457 East Main St., Waterbury

\$5/per game OR 4 games \$15 **PER** player

April 10 – 14

Call/see website for times

203.841.0081/www.mylaserplanet.com

### **\*\*\* COUPON \*\*\***

Middlebury Parks & Recreation

### **LASER PLANET**

**RECEIVE 4 FREE TOKENS!**

**Must present coupon/No photo copies**

**One Coupon Per Player**

**Expires April 14th**

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### Bowling at THOMASTON BOWLING LANES

### **\*\*\* COUPON \*\*\***

Middlebury Parks & Recreation

### **THOMASTON BOWLING LANES**

180 Watertown Rd., Thomaston

April 10 - 14

12:00-2:00 pm Free Shoes

1:00-5:00 pm \$3.00 per game

**Must present this coupon**

## YOUTH PROGRAMS

### Cheezic Tang Soo Do

Beginner/Inter Karate – White - Purple Belts (311301-M1)  
Instructor: Rita Hubbard Ages: Ages 7 & up  
Day: Mondays Dates: Apr. 24 - June 26  
Time: 5:30 – 6:30 p.m. No class 5/29  
Fee: \$50 res/\$60 nonres for 9 weeks Location: Shepardson Community Center  
Grading will be held on June 26th

Adv. Karate – Green, Red, Apprentice Black & Black Belts (311301-M2)  
Instructor: Jessica O'Connor Dates: Apr. 24 – June 26  
Day: Mondays No class 5/29  
Times: 6:30 – 8:00 p.m. Location: Shepardson Community Center  
Fee: \$50 res/\$60 nonres for 9 weeks  
Grading will be held on June 26th

### Curtain Call KidsTheatre Company (411201-CC)

Instructors: Rich & Deb McKenna  
Ages: 6-18 yrs.  
Dates: TBD  
Fees: \$160 for 1<sup>st</sup> child, \$110 for siblings  
Curtain Call Kids summer production TBD  
This program is a musical theatre experience providing individuals the chance to explore their creative side through song and dance culminating in a “Live” stage performance at the Nancy Marine Theatre at the Warner in Torrington. With the guidance of theater veterans, the actors will be given stage direction, voice instruction and develop acting techniques. Children may audition for specific roles; however everyone is guaranteed a part in the production. Show Dates are TBD

## Play-Well TEKnologies LEGO Camps

### Intro to STEM with LEGO (411202-LG)

Ages: 5-6 yrs old  
Dates: Aug. 7-11 Time: 9:00 am–12:00 p.m.  
Fee: \$140 res / \$150 nonres per session Location: Shepardson Center  
Tap into your imagination with tens of thousands of LEGO! Build engineer-designed projects such as Boats, Snowmobiles, Catapults, and Merry-Go-Rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. There is no prerequisite for this course. **Registration Deadline is July 24th**

### STEM Challenge with LEGO (411202-L1)

Ages: 7-12 yrs old  
Dates: Aug. 7-11 Time: 1:00–4:00 p.m.  
Fee: \$140 res / \$150 nonres per session Location: Shepardson Center  
Power on your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Catapults, Pneumatic Cranes, Arch Bridges, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. There is no prerequisite for this course. **Registration Deadline is July 24th**

## **INCREDIFLIX Summer Filmmaking Camps**

### **Registration Deadline is July 28th**

Ages: 7-13 yrs. old

Dates: August 14-18

Location: Shepardson Center

In our stop-motion animation and filmmaking camps, we are focused on expanding imagination and creativity using hands-on activities. And we make it fun! Filmmakers will learn story structure, storyboarding, and how to work together in our camps. And a professionally edited copy of the movies will be available online within a month after the camp ends! For more information visit [www.IncrediFlix.com](http://www.IncrediFlix.com)

### **Live Action Flix** 9:00 am–12:00 pm (412021-FF)

Do you want to have a blast making a movie? You don't have to be an actor to star in these movies! We'll guide you through the Hollywood process from "Action" to "That's a wrap" as you brainstorm, location scout, bring in props and costumes, act and direct in a collaborative movie that will be fun for the entire audience. \*Flix will be downloadable within one month after camp ends.

Fee: \$140 res/\$150 nonres

### **Lego Flix** 1:00-4:00 pm (412021-LF)

We know you love Legos and can create incredible Lego worlds, now it's time to bring those worlds to life in Lego Stop-Motion Animated Flix! We provide the Legos, and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and voice-over in age-appropriate groups. \*Flix will be downloadable within one month after camp ends.

Fee: \$140 res/\$150 nonres

### **Live Action and Lego Flix Full Day** 9:00 am-4:00 pm (412021-VA)

Are you the next star director? Actor? Writer? Cameraman? You get to do it all in these live action flix! Make visions come true in these movies where campers act, write, direct, and more! Afternoons are for Lego stop-motion movies. We know you love Legos and that you can create incredible worlds. Now it's time to bring those worlds to life! Lunchtime supervision included.

Fee: \$260 res/\$270 nonres

### **\*\*\*NEW\*\*\* Superhero Science - Find your own SUPERPOWERS through SCIENCE!** (411304-H1)

Instructor: High Touch-High Tech

Ages: 7-10 yrs. old

Dates: August 21–25

Time: 9:00 am – 12:00 pm

Fee: \$190res / \$195nonres

Location: Shepardson Center

Explore the science behind the powers that make someone a Superhero. This camp combines science experiments in rocketry, flight, machines, speed, forces, electricity, chemical reactions and much more. Create your own Superhero identity complete with costume and have your picture taken performing Superhero feats to show your friends and family! You'll also create a comic book based on your Superhero character. **Registration deadline is August 7th**

**Analise Creative Education & Enrichment Programs**

**Registration deadline is July 24th**

**Art Awareness** (411203-A1)

Ages: Pre-K 4, Kindergarten, Grade 1

Dates: August 7 - 11                      Time: 10:45 a.m. – 12:00 p.m.

Fee: \$45res / \$55 nonres    Location: Shepardson Center

This developmental art program introduces children to the elements of design through popular children’s stories. During each session, a work of children’s literature will serve as a foundation for a variety of artistic concepts including shape, size, color, and texture. Children will work with a variety of mediums to strengthen fine motor skills and build confidence in their creative expression. All materials are included. Dress for a mess!

**Art Adventures** (411203-A3)

Ages: Grades 2 – 4

Dates: August 7 - 11                      Time: 9:00-10:30 a.m.

Fee: \$60res / \$70 nonres    Location: Shepardson Center

This program encourages children to stretch their artistic knowledge base and helps build confidence as they create mini-masterpieces. Exploration of notable artists will be highlighted through a variety of mediums including drawing, watercolor, paint, collage, and oil pastels. This program will allow for fine motor, spatial, sequential, and creative skill building. All materials are included. Dress for a mess!

**Park & Rec Summer Swimming Lessons**

**Swim Lessons**

Ages: 5 and over

Day: Mon-Thurs

Location: P.H.S. Pool

Fee: \$60 per session

Session I: June 26 – July 6            (411301-1)

No class 7/4

Session II: July 10 - 20            (411301-2)

    Level 1 & 2                      11:30-12:00 p.m.

    Level 3 & 4                      12:05-12:50 p.m.

    Level 5 & 6                      12:55-1:40 p.m.

Details: For description of levels or record of your child’s last completed class with us, contact the office.

**Special Needs Swim**

Ages: 5-10 years

Day: Mon-Thurs

Time: **TBD**

Location: P.H.S. Pool

Fee: \$80 res/ \$90 nonres

Session I: June 26 – July 6    (411301-SN)

No class 7/4

Session II: July 10 – 20            (411301-S2)

Details: Must attend Region 15 or 14 special needs classes to qualify.

One level of swim taught based upon skill level of participants. Class size is limited.

## SUMMER SPORTS CAMPS

### SKYHAWKS SPORTS ACADEMY JUNE SESSIONS

#### Tiny-Hawks I (411904-TH)

Soccer & Basketball

Ages: 3-4 years old

Days: M-F

Date: June 19-23

Time: 12:15 – 1:00 pm

Fee: \$65

Location: Meadowview Park

In Tiny-Hawk camps, the essentials of sports are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games tailored to their attention spans. Our staff is trained to handle the specific needs of these young athletes. Campers must be toilet trained. Please bring a water bottle.

**Registration Deadline is June 9<sup>th</sup>**

### JULY SESSIONS

#### **\*\*\*NEW\*\*\*Teddy Tennis Camps**

Date: July 24-28

Days: M-F

Fee: \$79

Location: Ledgewood Park

Ages: 5-6 years old

Time: 9:00 – 10:00 am (411904-TN)

Ages: 3-4 years old

Time: 10:15 – 11:00 am (411904-TS)

Teddy Tennis is a fantastic educational program that inspires children to get active and learn to play tennis. It works by combining music, pictures, and teddy bear stories specially written by Teddy Tennis into a totally interactive learning adventure that children love. Please bring a water bottle.

**Registration Deadline is July 14<sup>th</sup>**

#### **\*\*\*NEW\*\*\*Skyhawks Tennis Academy – Red & Orange Ball Camps**

**Registration Deadline is July 14<sup>th</sup>**

Date: July 10-13

Days: M-Th

Time: 6:00 – 7:30 pm

Location: Middlebury Recreation Area Tennis Courts

Fee: \$75

#### **Red Ball Tennis Camp**

Ages: 6-9 years old

(411904-T2)

This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, sending and receiving, and gross motor skills on a 36 foot court. In addition to expanding tennis skills, players improve their movement and rallying skills. We help each player to develop better tennis mechanics and more consistent shots. A variety of fun activities are used to improve player athleticism through agility, balance, coordination, and movement development. Please bring a water bottle.

#### **Orange Ball Tennis Camp**

Ages: 7-10 years old

(411904-T3)

Players develop their tennis technique; athletic and court coverage skills, in order to achieve success in rallying consistency and in point playing on a 60 foot court. A variety of fun and competitive games are used to develop a strong foundation of tennis fundamentals. Players increase their rallying, volley, serve and point playing skills while improving their athleticism and shot consistency. Players will focus on using the proper shot techniques and court coverage skills before moving on to a 78 foot court. Please bring a water bottle.

**Flag Football Camp** (411904-FF)

Ages: 7-12 years old

Days: M-Th

Date: July 17-20

Time: 6:00 – 8:00 pm

Fee: \$70

Location: Meadowview Park

Skyhawks flag football is the perfect program for young athletes who want a complete introduction to America's Game or for those who simply want to brush up on their skills in preparation for league play. Through our 'skill of the day' campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning - all presented in a fun & positive environment. The week ends with the Skyhawks Sports Bowl, giving participants a chance to showcase their skills on the gridiron! Each camper will receive a t-shirt and a football. Please bring a water bottle. **Registration Deadline is July 7th**

**Mini-Hawks II** (411904-M2)

Soccer, Baseball & Basketball

Ages: 4-7 years old

Days: M-Th

Date: July 17-20

Time: 6:30 – 7:30 pm

Fee: \$59

Location: Meadowview Park

This multi-sport program was developed to give children a positive first step into athletics. The essentials of soccer, baseball, and basketball are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff is trained to handle the specific needs of young athletes. Please bring a water bottle. **Registration Deadline is July 7th**

**Tiny-Hawks II** (411904-H4)

Soccer & Basketball

Ages: 3-4 years old

Days: M-Th

Date: July 17-20

Time: 5:30 – 6:15 pm

Fee: \$59

Location: Meadowview Park

In Tiny-Hawk camps, the essentials of sports are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games tailored to their attention spans. Our staff is trained to handle the specific needs of these young athletes. Campers must be toilet trained. Please bring a water bottle. **Registration Deadline is July 7th**

**Track & Field** (411904-TF)

Ages: 7-12 years old

Days: M -F

Date: July 31-Aug. 4

Time: 9:00 am –12:00 pm

Fee: \$119

Location: Nonnewaug High School

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. This program combines technical development and fundamental techniques with safety and a major focus on fun! Using special equipment, our exercises and drills will prepare athletes for a future in cross-country, track & field events, and distance running, while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program. Participants will put it all together for one fun-filled day at the end of the week at the Skyhawks track meet! Please bring a water bottle.

**Registration Deadline is July 21st**

## **AUGUST SESSIONS**

### **Beginning Golf** (411904-GC)

Ages: 5-9 years old

Days: M-F

Date: Aug. 7-11

Time: 9:00 am – 12:00 pm

Fee: \$119

Location: Shepardson Community Center

One of our most popular programs, Skyhawks Golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. As we know, golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system which uses modified equipment to its curriculum developed by PGA professionals, SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy & effective transition onto the golf course. No need to bring your own clubs, all equipment is provided. Each camper will receive a t-shirt. Please bring a water bottle. **Registration Deadline is July 28th**

### **Mini-Hawks III** (411904-H3)

Soccer, Baseball & Basketball

Ages: 4-7 years old

Days: M-F

Date: Aug. 14-18

Time: 9:00 am – 12:00 pm

Fee: \$119

Location: Meadowview Park

This multi-sport program was developed to give children a positive first step into athletics. The essentials of soccer, baseball, and basketball are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff is trained to handle the specific needs of young athletes. Please bring a water bottle. **Registration Deadline is August 4th**

### **Multi-Sport II** (411904-M3)

Soccer, Baseball, Basketball & Flag Football

Ages: 7-12 years old

Days: M-F

Date: Aug. 14-18

Time: 9:00 am – 3:00 pm

Fee: \$139

Location: Meadowview Park

Our Multi-Sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine soccer, baseball, basketball, and flag football into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of these sports along with vital life lessons such as respect, teamwork, and self-discipline. Please bring lunch and a water bottle. **Registration Deadline is August 4th**

## **MEMORIAL BASKETBALL CAMP**

Director: Jim Percival, Phys. Ed. Teacher & MMS Boys Basketball Coach

Memorial Basketball Camp is an energetic & supportive environment designed to improve the skills needed in the growth & development of **ALL** players. Activities include a variety of age appropriate games, drills, and scrimmages. Focus will be on improving the fundamentals of the game including shooting, passing, dribbling & rebounding. Learning will include both offensive & defensive strategies and techniques through an emphasis of good sportsmanship & teamwork. Register before June 1<sup>st</sup> for a discounted rate!

Ages: Boys & Girls entering grades 5 – 9

Dates: July 5 & 6

Time: 11:30 am-2:30 pm

Location: Memorial Middle School Gym

Cost: \$75 **BEFORE JUNE 1<sup>ST</sup>** - \$90 **AFTER JUNE 1<sup>ST</sup>**

For more information, please contact Coach Percival at [jimpercival4@yahoo.com](mailto:jimpercival4@yahoo.com)



### **TRIPLE THREAT BASKETBALL CAMP**

Boys and Girls - Ages 9-14/ Grades 4-9

Dates: July 10-13

Time: 9:00 a.m. – 2:30 p.m.

Cost: \$150.00

Location: Pomperaug High School

Contact: Tug Drysdale - 203-560-9306, [triplethreatct@gmail.com](mailto:triplethreatct@gmail.com) Website: [www.triplethreatcamp.com](http://www.triplethreatcamp.com)

### **MIDDLEBURY SOCCER ASSOCIATION**

#### **Challenger Sports British Soccer Camp**

June 26 - 30 at LedgeWood Park

Camp includes FREE soccer ball & T-shirt

Register @ [www.challengersports.com](http://www.challengersports.com)

Ages 3-5	First Kicks	8:00-9:00am	\$84
Ages 6-13	Half Day	9:00am-12:00pm	\$144
Ages 6-13	Early Drop-off	8:00-9:00am	\$25

\*Children's immunization and physical records within past 36 months are required for camp registration.

#### **Everson Soccer Academy**

July 24 - 28 at LedgeWood Park

Camp includes ESA Nike T-Shirt

Register @ [www.eversonsoccer.com](http://www.eversonsoccer.com)

Ages 5-14	Morning Clinic	9:00am-12:00pm - \$135 before June 1 <sup>st</sup> / \$155 after June 1 <sup>st</sup>
Ages 2-5	Tiger Kixx	10:00-10:45am - \$75 before June 1 <sup>st</sup> / \$85 after June 1 <sup>st</sup>

### **PARK & RECREATION SUMMER DAY CAMPS**

#### **Pee Wee Camp Session I** (411500-PW)

Ages: 3 & 4 years old

Date: May 30 – June 9

Day: Mon-Fri

Time: 9:30 -11:30 a.m.

Fee: \$85 res / \$95 nonres

Location: Shepardson Center

Enjoy 2 full weeks of fun & friendship! Each week will have a Fun-tastic theme with loads of zany activities!

Week One our friends will become "Little Artists" creating their own amazing works of art while learning about classic artists.

Week Two our friends will become "Little Chefs" creating their own culinary delights while learning about good nutrition. A healthy, peanut-free snack is provided every day.

#### **Pee Wee Camp Session II** (411500-P2)

Ages: 3 & 4 years old

Date: Aug 28 – Sept 1

Day: Mon-Fri

Time: 9:30 -11:30 a.m.

Fee: \$45 res / \$55 nonres

Location: Shepardson Center

An extra-special summer camp week for our preschool-age friends.

Come enjoy a week filled with "Sense-ational Science"!

Our friends will become "Little Scientists" as they explore the Five Senses through awesome activities and experiments. A healthy, peanut-free snack will be provided daily.

## Summer Playground Camp Programs at Meadowview Park

Summer Playground Camp Programs consist of three two-week sessions for Middlebury children entering Kindergarten through grade six. All three camps are located at Meadowview Park. Playground fees include one camp shirt for each child. Register early to guarantee your child's placement in the program. Once the program is full, your child will be put on a waitlist.

**No refunds will be issued for cancellations received after the Wednesday before the program begins.** To better accommodate our campers we are offering single-week registrations within a session. The fee for a single week is \$100. Online registration for single weeks is not available. If you would like to register for a single week, please contact the office 203.758.2520, x702. Times for **ALL** camps: 9:00 a.m. – 1:30 p.m.

Dates, Program # and Fees:

### Grades K, 1, 2

Week 1: June 26 – July 7 (no camp 7/4)	(411900-M1) Fee: \$166
Week 2: July 10 – 21	(411900-M2) Fee: \$185
Week 3: July 24 – Aug. 4	(411900-M3) Fee: \$185

### Grades 3 & 4

Week 1: June 26 – July 7 (no camp 7/4)	(411900-V1) Fee: \$166
Week 2: July 10 – 21	(411900-V2) Fee: \$185
Week 3: July 24 – Aug. 4	(411900-V3) Fee: \$185

### Grades 5 & 6

Week 1: June 26 – July 7 (no camp 7/4)	(411900-R1) Fee: \$166
Week 2: July 10 – 21	(411900-R2) Fee: \$185
Week 3: July 24 – Aug. 4	(411900-R3) Fee: \$185

## Pre-Teen Camp

Pre-Teen camp consists of 5 one-week sessions for Middlebury residents entering grades 6 through 8. Fee includes a mid-day shuttle from MMS to the M.R.A., one camp shirt and two predetermined field trips, weather permitting. Registration deadline is **TEN** business days prior to the start of each session. A \$25.00 service charge will be applied for cancellation of a registration prior to June 1st. After June 1st the service charge for cancellation will be \$50.00. **NO** refunds will be given for sessions canceled **SEVEN** days prior to session start date.

Early Drop-off is available at MMS @8:00 a.m. The fee is \$50 per week. Pre-registration is required.

Days: Monday – Friday	Time: 9:00 a.m. – 3:00 p.m.	Location: M.M.S. & M.R.A.
Week 1: July 3 – 7 (no camp 7/4)		(411900-T1) FEE: \$160
Week 2: July 10 – 14		(411900-T2) FEE: \$200
Week 3: July 17 – 21		(411900-T3) FEE: \$200
Week 4: July 24 – 28		(411900-T4) FEE: \$200
Week 5: July 31 – Aug. 4		(411900-T5) FEE: \$200

### \*\*\*NEW\*\*\* CIT Program

New this year, students entering their freshman year are invited to participate in a Counselor-In-Training program as part of our Preteen Camp. CITs will be assigned to an age group at a playground camp and will help the counselors run morning activities three days per week. At noon, the CITs will be bussed to the M.R.A. and finish their day at Preteen camp. CITs will also attend the two Preteen Camp trips each week. The CIT program will have limited spaces. Any candidate interested needs to submit a short essay stating why they would like to be a CIT and what they can bring to the program. Preteen Camp fees apply.

### **Quassapaug Sailing Center Summer Sailing Lessons and \*NEW\* Summer Camp**

Sailing Lessons - Warm sun on your back, gentle wind on your face; come enjoy Lake Quassapaug with us! Youth and Adult sailing lessons begin in June.

Summer Camp - New this year we are offering Sails and Trails in conjunction with Flanders Nature Center. This unique full-day, hands-on experience will enrich young minds to the joys of the outdoors, while gaining confidence and learning the fun skills of sailing on open waters. Spend half a day sailing and half a day exploring nature!

Sessions for both programs:

Session I – June 19-30

Session II – July 3-14 (no 7/4)

Session III – July 17-28

Session IV – July 31-Aug. 11

For more info on either program please attend an open house on May 13<sup>th</sup> @11:00am or visit [www.qsailingcenter.org](http://www.qsailingcenter.org)

### **Middlebury Parks & Recreation General Information**

#### **Tennis Court Facilities**

M.R.A. 2 courts

Ledgewood Park 1 court

Please call Parks and Recreation to reserve court time

**Participant Equal Access** – No participants shall be denied equal access to programs, activities, services or benefits, or be limited in the exercise of any right, privilege, advantage, or opportunity based on race, sex, creed, national origin or disability.

**Behavior** – Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make recreation department programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff.

#### **Participants Shall** –

- Show courtesy and respect to other participants, volunteers and staff
- Refrain from using foul language or derogatory remarks
- Refrain from causing bodily harm to other participants, volunteers and staff
- Show respect for equipment, supplies and facilities

**Discipline** –A positive approach will be used. The Middlebury Parks and Recreation Department reserves the right to dismiss a participant. Each situation will be evaluated on its own merit.

**Dog Owners** –State statute 22-364 states that dogs must be under the direct control of their owners at all times when using town parks or the Greenway. When enjoying the town parks or Greenway with your dog(s), please be considerate and use the pooper scoopers and receptacles placed for your convenience. They are available in the parking lots at Chase Road and across from the M.R.A.