



**TOWN OF MIDDLEBURY
Commission on Aging
1172 Whittemore Road
Middlebury, CT 06762**

Meeting Minutes
Tuesday November 17, 2015
Middlebury Senior Center
9:30 A.M

Present

Nancy Mastroianni
Ann Spierto
Noa Miller

Municipal Agent, JoAnn Cappelletti
Chairperson, Judy Mirrer

Absent: Gerry Perrella, Nancy Pun, Barbara Deriu

The meeting was called to order by Chairman, Judy Mirrer at 9:40 A.M.

Review and Approval of Minutes of October 2015 minutes

A motion to approve the minutes of the October 2015 meeting was made by Nancy Mastroianni and seconded by Ann Spierto.

Treasurers Report: Balance on hand \$500 with no reported expenses.

Chairman Judy Mirrer stated that a Secretary is needed for the Commission.

Municipal Agent Report

Statistics for October activities were distributed to members by JoAnn Cappelletti. All months were corrected and up-dated.

Transportation

The monthly transportation report has been separated to reflect activity for the new bus and activity for the old bus. Middlebury CFO requested that the old bus be used at least once a week. Ridership increased for the month of October. The new bus was in service 16 days and the old bus was in service 5 days.

Greater Waterbury Transit District (GWTD)

The Municipal Grant due in December is complete and has been sent to the Council of Governments for review. Each Town is responsible for their part of the grant and must submit financials and statistics.

The GWTD is a free transportation bus offered to Middlebury seniors on Thursdays. This service is shared between 9 other towns.

The Middlebury Senior Bus must be available on Thursdays as an additional bus. The GWTD bus cannot replace or substitute the mini-bus.

Elderly Lunch Program

The Senior Center served 94 meals in October. A volunteer is needed to help in the kitchen during lunch period.

Associates for Training and Development Program

The Associates for Training and Development Program called our office and offered to place another trainee. JoAnn asked them to hold off until the beginning of the New Year because our office is too busy at this time.

Programs:

The two new programs added last month, salsa exercise and tai chi exercise are doing well.

Additional Programs and Activities provided at the Senior Center during October was Tom Rosa Movie Extravaganza, Painted Pony, Brass City Cooking Class, Nutrition Ed, Food Stamp Program & Hearing Specialist, Kent Falls Trip, Lunch & Learn, Flu Shot Clinic, Republican Luncheon and Roundtable discussion with Gail, Medicare Open Enrollment October 14 to December 7.

Thomaston Savings Bank Community Grant

A grant was received from the Thomaston Savings Bank to purchase a portable PA System. The PA System was ordered on October 9. Total cost was \$725.06

SOCIAL SERVICE REPORT

MIDDLEBURY FOOD BANK

The Middlebury Food Bank assisted 15 families for the month of October. Two food drives were held in October, one by the Republican Town Committee and the other by the Democratic Town Committee.

Small Cities Applications no report for October

Operation Fuel

The last day to apply for operation fuel for utility only payments is October 30. Operation Fuel heating assistance will begin November 30.

Energy Assistance Program

Our office started taking applications for Energy Assistance on October 15.

The Middlebury Emergency Fund

Four applications were granted in October. Expenses were \$\$1245.00 No donations were received. Balance on hand \$14511.41.

Community Garden

The Middlebury Boy Scouts cleaned up the garden, took out all the summer plants and prepared the ground for the Shed. The Garden Shed should be up and complete by the end of November. This is an Eagle Scout project that Elderly & Social Services sponsored.

The Snap Program (Food Stamps)

The monthly program for Food Stamp applications is held on the 2nd Monday of each month. Ten applications or referrals were made October.

Shepardson Kitchen Rental

One rental was made for the month of September. No repairs. Balance on Hand for this account is \$7456.47 as of August 30.

NEW BUSINESS: Schedule for 2016 Commission on Aging Meetings approved.

OLD BUSINESS JoAnn is still working on the Policy & Procedure Guidelines for Senior Center Participants. The National Institute of Senior Centers recommends that all Senior Centers have this policy in effect.

Chairman Mirrer reminded members that there is no meeting in December. The next meeting of the Commission on Aging will be held on January 19, at 9:30 a.m. in the Shepardson Community Senior Center.

ADJOURNMENT

A motion to adjourn was made by Nancy Mastroianni and seconded by Ann Spierto.

Respectfully submitted
JoAnn Cappelletti

